

## Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Key Updates.

*If you have items for the newsletter or if you would like to highlight an event, please let Brenda Spaulding or your subunit director know.*

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### Reminder – SRO Closure Day on Friday, August 29

This is a reminder that Friday, August 29, 2025, will be an SRO Closure Day, prior to the Labor Day holiday on Monday, September 1. Staff members have the option to take Friday as vacation time or, if preferred, make arrangements with their supervisor to work that day.

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### Reintroducing G132: Mail Assembly, Kitting, and Logging Reimagined (Ann Vernier, Maggie O'Dell, Debbie Seale, and Grant Benson)

We are excited to announce the opening of the first phase of our “new” mail assembly, kitting, and logging room.

For years, we have struggled with having an appropriate and adequate space for mail and kitting-related activities. To address this, Adrein Adams, Ann Vernier, Carolyn Vieira-Martinez, Debbie Seale, Grant Benson, and Vanessa Clarke met several times to brainstorm project needs and design options.

The final result opened up G132 – moving remote DCO Production Managers to an open office in the TSG Bay – and replacing standard tables with easily movable, adjustable height tables and chairs that can be rearranged for a more modular design. This will allow for tailoring of the workspace to meet the specifics of the assembly, disassembly, or logging activity. It will also accommodate multiple smaller projects at the same time in a way that the old set up did not. We added movable shelving units for temporary storage, and repurposed some elevated height chairs from the old focus group observation room.

The room – in whole or in parts – can be reserved via the Room G132 Google Calendar. Please reach out to Ann Vernier or Maggie O'Dell if you need assistance.

Click on the link below for a short video of Grant giving a tour of the newly designed space:

[https://drive.google.com/file/d/1Kt4Di5KlmfvoCZM83rqAfsBCudnGrGJ-/view?usp=drive\\_link](https://drive.google.com/file/d/1Kt4Di5KlmfvoCZM83rqAfsBCudnGrGJ-/view?usp=drive_link)

Over the next few months, we will be adding services to support our mailing and kitting activities. In early 2026, we will be adding a secure facility for storing assembled letters with enclosed cash.

Please let us know if you have ideas or feedback on this new setup. We hope that you will use it frequently and that this adds substantial value to our projects' needs.





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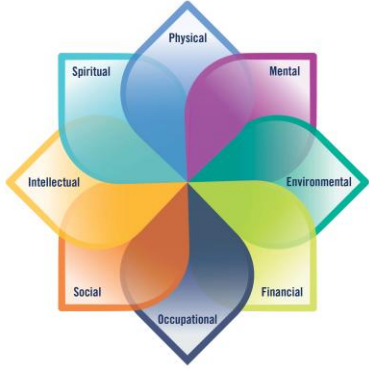


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## Summer 2025 Photos





## **SRO Wellness News (SRO Wellness Committee)**

Please reach out if you are interested in being part of the committee or if you have ideas to share. [srowellcomm@umich.edu](mailto:srowellcomm@umich.edu)

[Self-Care September 2025](#) Calendar from Action for Happiness.

### **FARMER'S MARKET WALK**

Our last SRO Farmer's Market walk for the season will be on September 24 - [Click Here to Add to Your Calendar](#)

Please join us! As a reminder, we'll gather in the Perry lobby at 12:00 p.m. and we'll leave for a walk at 12:05 p.m.

- ★ FREE tote bag for joining us!
- ★ About a mile walk both there and back. We'll walk there together and then return at our leisure.

For more information on the Farmer's Market: [Ann Arbor Farmers Market Website](#)

### **ICE CREAM WALKS!**

We'll take a walk and enjoy a scoop of ice cream or shake sponsored by the SRO Wellness Committee. Fresh air, ice cream, nice walk, and bonding with fellow colleagues. We will have a series of three walks with a limit of 10 people each to increase the opportunity to interact more easily.

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee Walk lead will contact the group to reschedule.

\*Sign up is open to any regular appointment SRO staff and only one sign up per person.

If the list is FULL please type your name below the FULL line and we will let you know if space opens up.

**Wednesday, September 3 - Michigan Creamery - 4:00 p.m.**

[Click Here to Sign Up for Michigan Creamery](#)

## **BEVERAGE WALKS 2025!**

We'll take a walk and enjoy a cup of coffee, tea, or smoothie (if available) sponsored by the SRO Wellness Committee. Fresh air, drink, nice walk, and bonding with colleagues. We will have a series of three walks with a limit of 10 people each to increase the opportunity to interact more easily.

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee Walk lead will contact the group to reschedule.

**\*\*Sign-up is open to any regular appointment SRO staff. One sign-up per person, please.**

If the list is FULL, please type your name below the FULL line and we will let you know if space opens up.

**Wednesday, September 17 - Cups n Chai - 12:00 p.m.**

[Click Here to Sign Up for Cups n Chai](#)

**Wednesday, October 15 - Moka & Co - 12:00 p.m.**

[Click Here to Sign Up for Moka & Co](#)

**Wednesday, November 5 - Roos Roast - 12:00 p.m.**

[Click Here to Sign Up for Roos Roast](#)

## **FREECYCLE - Wednesday, October 15**

Our next Freecycle event will be held on **Wednesday, October 15, 2025 from 9:00 a.m. - 2:00 p.m.** in G150 AB Perry.

[Click Here to Add to Your Google Calendar](#)

What is Freecycle? Freecycle is about no-strings-attached gifts of physical items which would otherwise go into landfills. As we start thinking about seasonal cleaning and decluttering, Freecycle offers a way to get rid of or pick up some items which you or others can use. And most importantly - it is **FREE**.

### **Some ideas as you start your decluttering journey for the Fall SRO Freecycle:**

- Do you have an overabundance of fall/winter seasonal decorations?
- Gift wrapping items that are overflowing in your closets or garage
- Clothing
- Random collections of tools and other DIY items
- Toys, books, kitchen items, etc.



## UPCOMING MHEALTHY and U-M ACTIVITIES

- ★ **ACTIVE U-Autumn is back:** Registration opens **Sept. 2** for [Active U Autumn](#), MHealthy's eight-week physical activity challenge. It's your opportunity to move your way to well-being with the entire U-M community! Logging activity minutes starts Sept. 15.
- ★ Open Enrollment: October 13 - 24 (5:00 p.m.) for changes coming in 2026 and reminders for what to do to get ready go - see below.
  - [U-M Human Resources Open Enrollment Website](#)
- ★ **Sign up for Fall Fitness & Wellness Classes:** Sign up starts seven days prior so check frequently or contact Michigan Recreation for specific classes you might want to try out first.
  - [Sign Up for Classes](#)
  - [FREE Pilates Class Registration - Virtual](#)
  - [Michigan Recreation Website](#) includes information on Fitness & Wellness classes, Adventure passes, and more.



Blank Slate Ice Cream Walk - August 2025