

Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Key Updates.

If you have items for the newsletter or if you would like to highlight an event, please let Brenda Spaulding or your subunit director know.



This month, we are recognizing those who had milestone anniversaries in April, May, and June. Congratulations on your U-M anniversary!

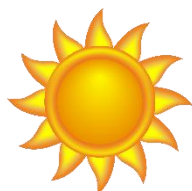
10 Years

Ji Qi, DMSS

15 Years

Piotr Dworak, PDMG

Request for Summer Pictures



We are planning to feature some fun summer pictures from SRO staff for a section of our August edition of the Happening in SRO newsletter.

If you have any pictures you would like to share, please send them to Brenda Spaulding (bspauld@umich.edu) by Monday, August 25.



(Deb Seale and EJ McSpadden)

SRO is pleased to be receiving more inquiries from Michigan Medicine (MM). Some have turned into funded projects and it's exciting to see how SRO skills and tools can contribute to MM researchers' study objectives. Read below about two MM studies that recently wrapped up successfully.

The **Mama Bears** study, led by Dr. Megan Pesch and Megan Thompson from Michigan Medicine in collaboration with the Survey Services Lab (SSL), set out to explore how families learn that their child has cytomegalovirus (CMV) and what life is like after that diagnosis. The Michigan Medicine team recruited 41 respondents through social media, and almost all honored their appointments, resulting in 40 video interviews completed on Zoom. These semi-structured interviews averaged 40 minutes and gave families the chance to share their unique experiences—including one family with twins experiencing different CMV symptoms. With a mid-study IRB modification, the age range for the children included was expanded to 4 to 15 years old.



A big part of the study's success came from listening closely to families and making sure their needs were met, even beyond the research. When early participants said they could use extra support, the team quickly put together a resource sheet to send out after interviews. The project ran smoothly and finished on schedule and within budget, thanks to strong teamwork and regular communication. The families' honest insights will be a valuable foundation for future research and support programs focused on families navigating life with CMV.

The **Hospitals Sharing Patient Data (HSPD)** project concluded active outreach on June 27th. HSPD launched in March with a sample of 632 Health Privacy Officers from hospitals across the United States ranging from small independent community hospitals to large regional trauma centers. The survey aims to shed light on current hospital data-sharing practices with a specific interest in how patient data are being used in artificial intelligence models to help guide data sharing and protection policies moving forward. Kayte Spector-Bagdady is the Principal Investigator.

Participants received an invitation by USPS Priority Mail with a web link and a QR code to the Qualtrics survey, along with a \$50 cash token of appreciation. This was followed by a reminder letter, a paper version of the survey, a reminder postcard, and non-response follow up calls from the SSL. 104 surveys were completed prior to SSL intervention, a 15.5% response rate from the initial study mail protocol.

SSL reminder calling began in April. Our initial sample had email addresses for only 6% of cases. Fortunately, SSL interviewers were able to collect many more and to send reminders with survey links by email. An additional 103 surveys were completed after SSL intervention.

In early June, we sent a final reminder card with a U-M branded pen to the remaining non-final cases.

To date, we have received 207 completed surveys (a 32.75% RR), exceeding our goal of 200 completed surveys. 185 surveys were completed by web, 21 by paper, and 1 by phone. The average completion time was 12.5 mins. Although active reminder calling has ended, we will keep the survey open through July to allow any additional responses. 11 surveys have been completed since our active follow-up ended.

The effective partnership between Michigan Medicine and SRO was essential to these studies' successes, and SRO looks forward to future collaborations!

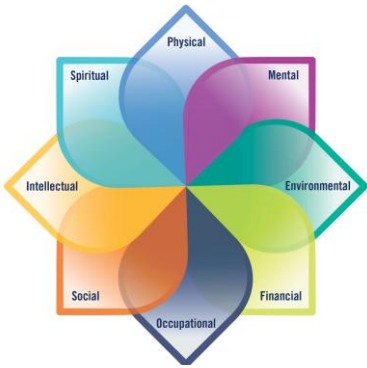
Peggy Lavanger's Retirement Celebration

Our friend and colleague, Peggy Lavanger retired 7/22/2025 after 27 years of joyful service. She began on the National Survey of Health and Stress and went on to work on many waves of the Panel Study of Income Dynamics (PSID) suite, the Health and Retirement suite, Monitoring the Future (MTF) and Baby's First Years. We will deeply miss her gift for sharing her knowledge and skills with interviewer trainees, and her steady hand at the Production Management helm. She is planning to spend more time with her family and continue her travels - first up a trip to Norway.





Happy Retirement, Peggy!



SRO Wellness News **(SRO Wellness Committee)**

Please reach out if you are interested in being part of the committee or if you have ideas to share.

srowellcomm@umich.edu

[Altruistic August 2025](#) Calendar from Action for Happiness.

FARMER'S MARKET WALK

Our SRO Farmer's Market walks for the season will be on the following dates:

July 30 - [Click Here to Add to Your Calendar](#)

August 27 - [Click Here to Add to Your Calendar](#)

September 24 - [Click Here to Add to Your Calendar](#)

Please join us! As a reminder, we'll gather in the Perry lobby at 12:00 p.m. and we'll leave for a walk at 12:05 p.m.

- ★ FREE tote bag for joining us!
- ★ About a mile walk both there and back. We'll walk there together and then return at our leisure.

For more information on the Farmer's Market: [Ann Arbor Farmers Market Website](#)

ICE CREAM WALKS!

We'll take a walk and enjoy a scoop of ice cream or shake sponsored by the SRO Wellness Committee. Fresh air, ice cream, nice walk, and bonding with fellow colleagues. We have two walks remaining (with a limit of 10 people each to increase the opportunity to interact more easily).

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee Walk lead will contact the group to reschedule.

*Sign up is open to any regular appointment SRO staff and only one sign up per person.

If the list is FULL, please type your name below the FULL line and we will let you know if space opens up.

Wednesday, August 13 - Blank Slate - 4:00 p.m.

[Click Here to Sign Up for Blank Slate](#)

Wednesday, September 3 - Michigan Creamery - 4:00 p.m. - NEW RESCHEDULED DATE

[Click Here to Sign Up for Michigan Creamery](#)

BEVERAGE WALKS 2025!

We'll take a walk and enjoy a cup of coffee, tea, or smoothie (if available) sponsored by the SRO Wellness Committee. Fresh air, drink, nice walk, and bonding with colleagues. We will have a series of three walks with a limit of 10 people each to increase the opportunity to interact more easily.

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee Walk lead will contact the group to reschedule.

**Sign-up is open to any regular appointment SRO staff. One sign-up per person, please.

If the list is FULL, please type your name below the FULL line and we will let you know if space opens up.

Wednesday, September 17 - Cups n Chai - 12:00 p.m.

[Click Here to Sign Up for Cups n Chai](#)

Wednesday, October 15 - Moka & Co - 12:00 p.m.

[Click Here to Sign Up for Moka & Co](#)

Wednesday, November 5 - Roos Roast - 12:00 p.m.

[Click Here to Sign Up for Roos Roast](#)

SAVE THE DATE - Wednesday, October 15, 2025

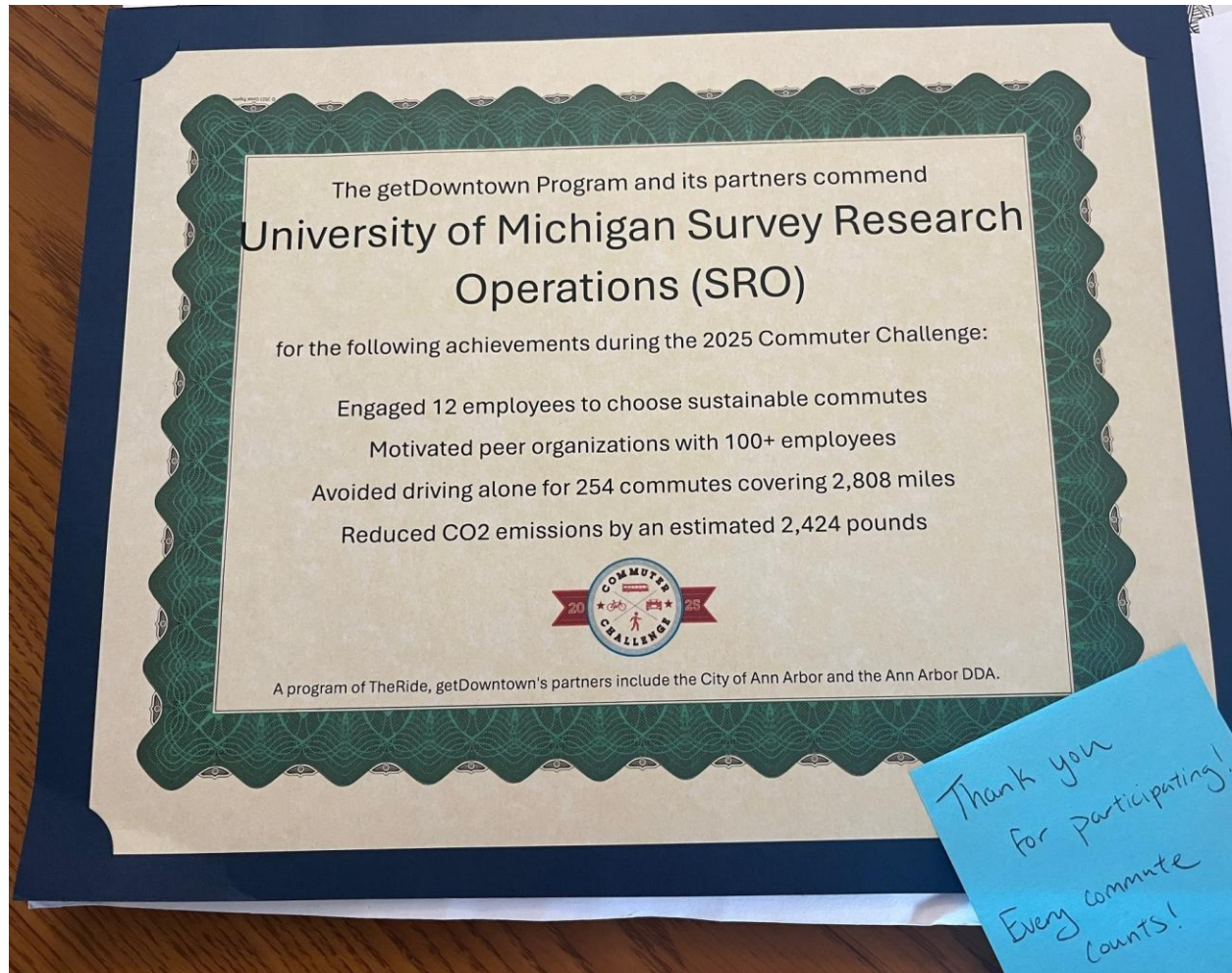
We are going to do a **Fall SRO Freecycle** based on feedback from colleagues. More information to come.

UPCOMING MHEALTHY and U-M ACTIVITIES

- ★ **August Virtual Cooking Classes:** Sign-up opens for the August Cooking Class on July 29 through August 14. The theme of the month is Farm-fresh, Flavor-packed Veggie Dishes.
 - August 20 (12:00 p.m. - 12:45 p.m.) - Farm to Table
 - August 27 (12:00 p.m. - 12:45 p.m.) - Farmers Market Fresh
 - [Sign Up Here](#)
- ★ **Sign up for Fall Fitness & Wellness Classes:** Some classes start as early as August. There are a few FREE classes on this site. Sign up starts seven days prior so check frequently or contact Michigan Recreation for specific classes you might want to try out first.
 - [Sign Up for Classes](#)
 - [FREE Pilates Class Registration - Virtual](#)
 - [Michigan Recreation Website](#) includes information on Fitness & Wellness classes, Adventure Passes, and more.



SRO at Washtenaw Dairy - July 2025



GREAT JOB SRO! Commuter Challenge