

## Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Key Updates.

***If you have items for the newsletter or if you would like to highlight an event, please let Brenda Spaulding or your unit director know.***

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### **Future of Families and Child Wellbeing Study (FFCWS) - Year 27 (Rebecca Gatward)**



Last Friday we kicked-off SRO’s pre-production work on the Future of Families and Child Wellbeing Study (FFCWS). SRO will be working in partnership with Bendheim-Thoman Center for Research on Child and Family Wellbeing at Princeton University. FFCWS was formerly known as the Fragile Families and Child Wellbeing Study.

This study is the longest-running and only contemporary U.S. birth cohort study of young adults based on a national sample. A key part of the country’s research infrastructure, FFCWS follows children from birth through young adulthood, enabling researchers, policymakers, and practitioners to understand the impacts of family structure, education, employment, income, health, housing, and resource sharing on human development.

FFCWS follows a stratified, multistage, probability sample of approximately 5,000 children born in large U.S. cities (populations over 200,000) between 1998 and 2000, with an oversample of births to unmarried mothers. This sampling strategy resulted in the inclusion of a large number of Black, Hispanic, and low-income families. Mothers were interviewed shortly after birth, and fathers were interviewed either at the hospital or by phone. Seven waves of data collection have been conducted, at birth and when children were approximately ages 1, 3, 5, 9, 15, and 22. When weighted, the data are representative of births in large U.S. cities.

The study consists of a core survey with mothers, fathers, primary caregivers, and the children (now young adults). Additionally, collaborative projects contribute questions to the surveys and collect new data on a subset of parents and children.

Beginning with the baseline interviews in 1998-2000, the core study was originally designed to primarily address four questions of great interest to researchers and policy makers:

1. What are the conditions and capabilities of unmarried parents, especially fathers?
2. What is the nature of the relationships between unmarried parents?
3. How do children born into these families fare? and
4. How do policies and environmental conditions affect families and children?

SRO will be conducting the eighth wave of data collection, locating and interviewing the young adults when they are approximately age 27, along with their mothers and fathers. Data collection will begin next January 2026 and run for 12 months. Study participants will be invited to complete the survey online and the non-response protocol provides the option to complete the survey by telephone and then face to face. Data collection for this study involves more locating steps than usual. This effort will focus firstly on locating the young adults, then their parent(s).

### **Save the Date!**

An SRO All-Staff meeting will be held **Wednesday, June 11, 12 – 2pm** at ISR Thompson, room 1430.  
A meeting invitation will be coming next month.

### **Earned Sick Time Act (ESTA)**

As was announced this week in the U-M Record ([link](#)), the Michigan Earned Sick Time Act (ESTA) took effect recently. ESTA time is now available in our ET system. Employees choose the sick type shortcode 467699 - ESTA for Non Temps and then the pay code is "STE/ESTA Time". Note that you may have to 'browse' for it to see it in the list of pay codes.

Because ESTA covers all the same reasons as regular short-term sick (plus two additional reasons), you will use any ESTA time you have accrued before using your regular short-term sick balance.

Employees can see their ESTA balances in Wolverine Access under Employee Self-Service and then Leave Balances (ESTA is accrued at one hour for every 30 worked). It is listed as "Earned Sick Time Act--MI".

Your supervisor has additional instructions; let them know if you have any questions.

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### **Technical Service Group Introduces Advanced Infrastructure and Application Monitoring (Carol Lively)**

The Technical Service Group (TSG) is excited to announce the implementation of an advanced, Cloud-based infrastructure and application monitoring service, powered by Cisco's innovative Cloud Splunk platform. The name "Splunk" stems from "spelunking"—or cave exploration—denoting the company's mission to help users delve into and comprehend complex data landscapes, reminiscent of navigating through "data caves."

Michigan Medicine, ITS, and CMT provide Splunk services, however, Michigan Medicine is currently the only entity utilizing the Cloud version, which encompasses additional key features.

This new service will provide TSG with a centralized view across all layers of our IT infrastructure, catering to Cloud, hybrid, and on-premises environments. Our initial focus is on monitoring MSMS, interviewer laptops, and SurveyTrak. In the future, our goal is to feed Splunk logs from our data collection systems, supporting applications, databases, and operating systems. This integration will enable us to quickly pinpoint complex issues, such as an automated alert for a prolonged CPU spike during peak project loads that may relate to specific code areas in MSMS and potentially trace back to a SQL database call. By leveraging Splunk's machine learning and artificial intelligence capabilities, we aim to identify and resolve performance and security issues in real time, while also analyzing trends to proactively address potential future issues.

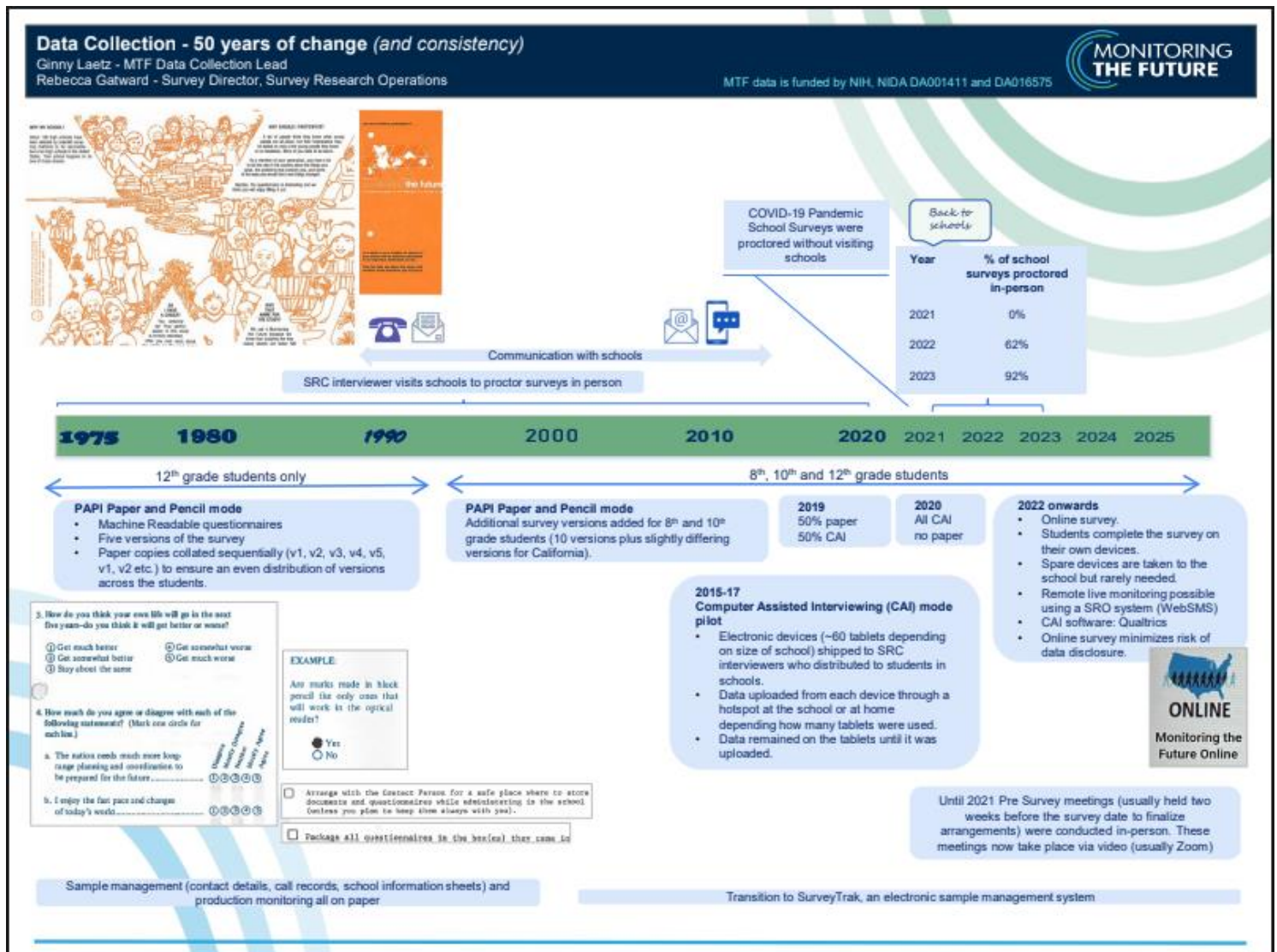
Leading this strategic initiative is David Bolt from Technical Support, along with Teal Amore, Chad Cattell, Colette Keyser, Sean Phillips, Kyle Proctor, and Marsha Skoman. Together, they are committed to enhancing our monitoring and security capabilities.

# Monitoring the Future 50th Anniversary Poster Symposium (Rebecca Gatward)



In February, the Monitoring The Future (MTF) Study held a special event to celebrate 50 years since the first wave of data collection in schools. The 12th graders who completed the survey in 1975 became the first students to be invited to participate in the MTF panel. SRO has conducted the data collection for the MTF main survey (in schools) and the panel survey since then.

SRO contributed a poster to the event, titled “Data Collection - 50 years of change (and consistency),” and Rebecca Gatward represented SRO at the event. The poster highlighted changes in data collection modes and adoption of new technology and also demonstrated our consistent approach. For example, from the first wave of data collection, an interviewer has always visited schools to conduct the survey (even when the pandemic prevented the interviewer from physically visiting the school, they still proctored the survey administration remotely). We delved into the (thankfully very complete) SRO MTF archive and found original respondent materials and handwritten production reports. A student flyer from the 1975 wave was included in our poster and attracted much interest.





## Cultivate Change: Green Initiatives at U-M (Bree Walton, Ann Vernier, and Lachlan Hanrahan)

### Nature's Cure: Spring Wellness with Nature Rx

Harness the power of nature for your well-being! As showcased in last year's [Nature for Wellness Symposium](#), just [10 minutes in nature](#) can reduce stress and anxiety, boost cognitive function, and inspire awe. The [Nature Rx](#) initiative at U-M draws on these benefits, proving that staying grounded in the present through natural surroundings brings healing and vitality.

### GO BLUE While Going Green: The Ann Arbor Green Business Challenge

Ann Arbor is on the fast track to sustainability with its [A2ZERO Climate Action Plan](#) targeting carbon neutrality by 2030. An exciting addition is the [Ann Arbor Green Business Challenge](#) that launched almost a year ago in May 2024. This initiative is the Olympics of sustainability, urging local businesses to adopt eco-friendly practices for a greener future. From energy efficiency to waste reduction, participating businesses race towards bronze, silver, gold, and platinum certifications, all while trimming costs and bolstering their brand. Early participants include Zingerman's Delicatessen and Washtenaw Dairy, leading the change towards a more sustainable Ann Arbor.



### Support Local, Think Sustainable

Help foster a sustainable culture by choosing local and sustainable businesses. Every purchase contributes to a greener campus and community. Join the movement to create lasting impacts on our local environment!



### SRO Wellness News (SRO Wellness Committee)

Please reach out if you are interested in being part of the committee or if you have ideas to share. [srowellcomm@umich.edu](mailto:srowellcomm@umich.edu)

[Active April 2025](#) Calendar from Action for Happiness.

### LUNCH AT THE UNION - Wednesday, April 9

On Wednesday, April 9, we will take a lunch/beverage break and head over to the Michigan Union. We will walk over as a group and then walk back at your leisure.

The Michigan Union has a variety of food options ([Michigan Union Dining Options](#)) that include vegetarian, vegan, and halal (Wing Snob) options. Dining options take cash, credit card, and Blue Bucks. There are ATMs located in the Michigan Union.

If you haven't used your **Sweetwaters** gift card yet, this is a great opportunity to pick up a beverage!

Meet in the Perry lobby at 12:00 pm and we'll leave for our walk at 12:05 pm.

[Click Here to Add Lunch at the Union to your Google Calendar](#)

Also, here are some staff resources at the Michigan Union:

- ★ [Reflection Room](#) - a space to meditate, pray, and spend time in quiet reflection.
- ★ [MCard Office](#) - for help with damaged/lost/expired M-Card.
- ★ [Tech Shop](#) - As you comparison shop for your technology needs such as a new computer/laptop, updating an existing one, or in need of new accessories, take a look at M Tech Shop. There is also an interest-free payment option utilizing [payroll deduction](#) for purchases over \$50.

### **FREecycle - SAVE THE DATE - Wednesday, June 4**

Our next Freecycle event will be held on **Wednesday, June 4, 2025 from 9:00 am - 2:00 pm** in G150 AB Perry.

[Click Here to Add to Your Google Calendar](#)

What is Freecycle? Freecycle is about no-strings-attached gifts of physical items which would otherwise go into landfills. As we start thinking about spring cleaning and decluttering, Freecycle offers a way to get rid of or pick up some items which you or others can use. And most importantly - it is **FREE**.

### **BRIGHT HORIZONS**

U-M has partnered with the following organizations to provide affordable options for staff.

Bright Horizons - back up care for children and adult or elder relatives. There are options for both center-based care or in-home care. This includes options for self-care as you are recovering from an illness, surgery, or just need extra help.

Sittercity (part of the Bright Horizons company) - provides options for babysitters, pet sitters, housekeeping, and more. U-M will cover the cost of a premium membership to Sittercity, but staff are responsible for paying for scheduling and services.

[Bright Horizon Information and Sign Up](#)

### **COLORING SHEET – NEW**

A new coloring sheet will be posted in the ground floor kitchenette during the second week of April. If you would like to have the current sheet, please send a message to: [srowellness@umich.edu](mailto:srowellness@umich.edu)



## UPCOMING M-HEALTHY and U-M ACTIVITIES

- ★ **MONEY MATTERS** - Financial well-being is an important part of your overall well-being and sometimes small actions around your finances can make a big impact. That's where [Money Matters](#) can help! Over 28 days, you'll journey along a virtual gameboard completing quick, daily tasks: test your knowledge, learn something new or reflect on your current money matters.

Registration opens Mar. 24 on the [MHealthy Portal](#). Your journey starts Apr. 7. Available to active, benefits-eligible faculty and staff and their U-M health plan enrolled spouse/OQA.

- ★ **[SAFE MEDICATION AND SHARPS DISPOSAL EVENT](#) - April 1, 2025**

Tuesday, April 1 from 8:00 am-2:00 pm you can drop off your expired, old, or unused medications to be disposed of in an environmentally safe way. This event will take place at the Ingalls Mall North Washington Street location, across from Rackham Auditorium.

- ★ **DID YOU KNOW?** If you're concerned about parking or buses, you can download the app "MGoPark". It not only tells you how many spots are left in specific lots, but you can also look under the "resources" section in the app to find out where Free Park and Ride locations are, when the next bus is arriving at a certain stop, and other parking information.