

Happening in SRO

You can find this "Happening in SRO" and all similar newsletters on the SRO Intranet home page, located at: http://isr-wp.isr.umich.edu/srointranet/ under Recent News.

If you have items for the newsletter or if you would like to highlight an event, please let Brenda Spaulding or your unit director know.



The ISR Director's Advisory Committee on Community and Diversity (DACCD) has announced the winners of this year's Shine Award for Staff Excellence.

Congratulations Debbie Seale and Edda Williams for helping SRO to SHINE!

Read about their contributions on the SRC Intranet Center Survey page: 2023 ISR Shine Award

The Indicator from Planet Money Visits the Surveys of Consumer Attitudes (SCA) (Theresa Camelo)

The Indicator from Planet Money: "A little show about big ideas," made a visit to the Survey Research Center on Friday, September 15th. As described on the NPR site, *The Indicator* is made by the staff who produce *Planet Money* and "helps make sense of what's happening today. It's a quick hit of insight into work, business, the economy, and everything else. It airs weekday afternoons."

Wailin Wong, "long-time business and economics journalist who's reported from a Chilean mountaintop, an embalming fluid factory and lots of places in between, is a host of *The Indicator*." She began her visit to SRC at the Survey Services Lab (SSL). During this portion of her visit she interviewed Tuba Suzer Gurtekin, SCA Co-PI, Theresa Camelo, SCA Project Manager, as well as SCA veteran interviewer, and rookie Team Leader, Betsy Kirchen.

During her visit, she witnessed the behind the scenes action that ultimately results in the bi-monthly data release of the Surveys of Consumers (SCA) prelim and final data releases. She observed the dedication, perseverance, and

the—often required—sense of humor needed on the part of our dedicated Survey Technicians to successfully complete 600 SCA telephone interviews each month.

Following a lively lunch (including a visit from Wen Chang, long time listener and self-reported avid fan of Wailin and Planet Money), Wailin made her way to the Thompson building, capping off her visit to campus by interviewing Principal Investigator Joanne Hsu.

The Indicator piece aired Wednesday, September 27th, following the release of the September results. <u>Here</u> is the link to the *Planet Money* site -- we expect the SCA story to be posted soon.

A photo (courtesy of Grant Benson) of Wailin's visit to the SSL. Featuring Wailin, Betsy, William Keating, SCA Production Manager, and Theresa.





SRO Wellness News (SRO Wellness Committee)

Please reach out if you are interested in being part of the committee or if you have ideas to share: srowellcomm@umich.edu

Optimistic October Calendar from Action for Happiness.

OCTOBER FOOD TRUCK

Our October food truck is: **Tim's Good Food Grill** (website: <u>Tim's Good Food Grill</u> and Facebook: <u>Tim's Good Food Grill</u>). It is scheduled to be at Perry on **Wednesday**, **October 11** in front of the building from **11a.m. - 2p.m.** The truck will be located in the parking lot near the Perry Atrium. Cash and credit are accepted. All Perry and Thompson Building staff are welcome!

Save the Dates for Future Food Trucks:

November 8 - Papelon Arepa Bar

ADDING some more for the winter months! Stay tuned!

UNIVERSITY OF MICHIGAN CREDIT UNION (UMCU)

On October 11 from 11:00 a.m. - 1:00 p.m. Mark Munzenberger from the UMCU will be on site to hand out materials and answer questions in the Perry Atrium. The materials will cover topics such as credit building, credit scoring, saving, money management & budgeting, and preventing financial fraud and identity theft. UMCU also offers a youth financial education program for children and teens.

Mark will be available for any/all questions and can provide suggestions for budgeting apps, factors for loan approvals, and home buying.

Bio

Mark Munzenberger is the financial education manager at the University of Michigan Credit Union (UMCU). Mark has been working in financial services since 2003, and provides both financial education workshops and individual financial counseling for thousands of students and adults each year. Mark's diverse programs have been recognized with multiple state and national Credit Union awards, and in 2021, Mark was named the Michigan Credit Union Foundation's Educator of the Year. At UMCU, Mark provides regular programs for groups such as UM Athletics, Michigan Medicine, and Wolverine Pathways.

CONNECTING THE DOTS

The 18th annual Connecting the Dots conference is to be held virtually on October 10, 11, and 12, 2023. Six Zoom webinar sessions are planned at no charge for the U-M community.

- Two 90-minute presentations each day.
- Start times are 10 a.m. and 2 p.m.

Click Here to See Webinar Descriptions and Register

BEVERAGE WALKS 2023!

We'll take a walk and enjoy a cup of coffee, tea, or smoothie (if available) sponsored by the SRO Wellness Committee. Fresh air, drink, nice walk, and bonding with colleagues. We have a limit of 10 people for each walk to increase the opportunity to interact more easily.

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee walk lead will contact the group to reschedule.

**Sign-up is open to any regular appointment SRO staff. One sign-up per person, please.

If the list is FULL please type your name below the FULL line and we will let you know if space opens up.

Thursday, October 26 - Vertex - 12 p.m. - Click Here to Sign Up for Vertex

Wednesday, November 1 - Roos Roast - 12 p.m. - Click Here to Sign Up for Roos Roast

MEAL PREPPING LUNCH AND LEARN - Wednesday, October 4

Planning is the key to quick, budget-conscious, nutritious meals. Interested in easy-to-make and take meals and snacks that taste great and are good for you? Come gather the tools to make your meal and snack-planning easier.

On Wednesday, October 4, Erica Owen from MHealthy will join us via Zoom to discuss some meal prepping tips and tools. Erica is MHealthy's nutrition program manager and a registered dietitian.

This session will be hybrid via Zoom and in Perry 2300 AB from 12:15 p.m. – 12:45 p.m. on October 4.

If you have questions that you would like to submit ahead of time, please send them to the SRO Wellness Committee at srowellcomm@umich.edu by Friday, September 29 at noon. There will be time for questions during the session also.

Click Here to Add to Your Google Calendar

FARMER'S MARKET WALK

Our last SRO Farmer's Market Walk for the season will be on the following date:

October 18 - Click Here to Add to Your Calendar

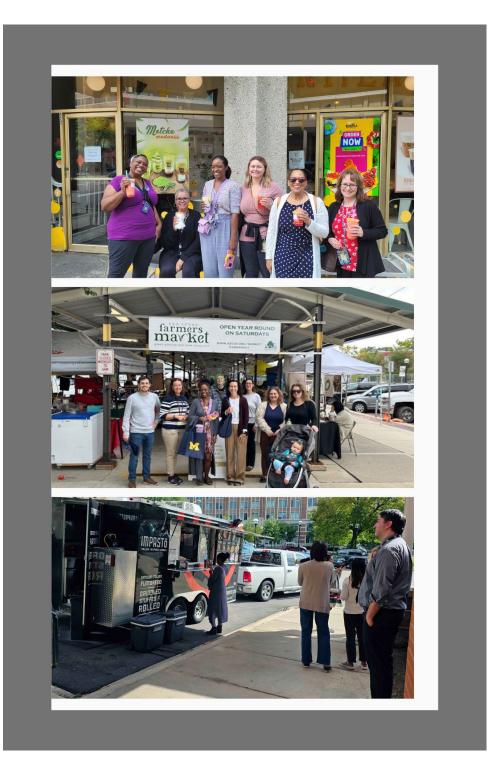
Please join us! As a reminder, we'll gather in the Perry lobby at 12:00 p.m. and we'll leave for a walk at 12:05 p.m.

- ★ FREE tote bag for joining us!
- ★ About a mile walk both there and back.
- ★ We'll walk there together and then return at our leisure.

For more information on the Farmer's Market: Ann Arbor Farmers Market Website



Our last ice cream walk of the 2023 season! Blank Slate.



Beverage Walk to Unitea Farmer's Market Walk Impasto Food Truck