



Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Recent News.

If you have items for the newsletter or if you would like to highlight an event, please let Brenda Spaulding or your unit director know.

Reminder – SRO Closure Day on Friday, September 1

This is a reminder that Friday, September 1, 2023 will be an SRO Closure day, prior to the Monday, September 4 Labor Day holiday (observed).

Staff members have the option of taking Friday as vacation time or making arrangements with their supervisor to work, if that is preferable.

ECHO Data Collection Wraps after Seven Years! (Nahid Sultana and Ian Ogden)

SRO started preproduction work on the *Environmental Influences on Child Health Outcomes* project (ECHO) in 2016 and the project will successfully conclude at the end of August 2023.



ECHO

Environmental influences
on Child Health Outcomes

A program supported by the NIH

ECHO is a national project, with funding awarded to study sites in many states, of which Michigan is one. The study seeks to understand important issues in childhood health, such as low birth weight, obesity, and autism spectrum disorders, and to assist in transforming the results into health policy. The project focuses on environmental contaminants, maternal nutrition, viral infection, inflammation, and obesity. The implementation in

Michigan was funded by The National Institutes of Health (NIH) and the Michigan Health Endowment Fund (MHEF). Researchers from Michigan State University (MSU), the University of Michigan, Wayne State University, Henry Ford Health System, and the Michigan Department of Health and Human Services (MDHHS) were involved in this collaborative project.

The data collection has involved three age-based protocols:

- During **Phase 1 (Recruitment & Prenatal)**, SRO assisted with prenatal questionnaire development and created sample management and monitoring systems. SRO provided training to MSU recruiters on General Interviewing Techniques (GIT) and the technical systems used for recruiting expecting mothers, and recruitment took place from 2018 through early-2023 (though was paused during the pandemic). 1,113 expectant mothers were recruited.
- For **Phase 2 (3-Month)**, SRO developed and fielded a telephone survey followed by an at-home, self-administered biospecimen collection (a stool sample from the baby). Case ownership and data collection

responsibilities transitioned from MSU recruiters to SRO interviewers once the respondent's infant reached three months of age, and sample was released on a weekly basis. SRO also implemented a follow-up protocol for missing biospecimens.

- During **Phase 3 (Age-4)**, SRO developed systems to support data collection between each child's fourth and fifth birthdays; these included (1) A self-administered REDCap web survey and (2) an in-home administration of physical measurements, cognitive assessments and biospecimen collections conducted by SRO interviewers.

The data collection periods for these three phases is below:

Phase	Description	Data Collection Conducted By	2017	2018	2019	2020	2021	2022	2023
1	Recruitment & Prenatal (Illume, SSRS)	MSU Recruiters							
2	3-Month (TEL Iw & Biospecimen, Blaise & SurveyTrak)	SRO Field Data Collection Staff							
3	Age-4 (REDCap Web Survey & In-Person Visit)	PDMG Staff, SRO Field Staff							

One of ECHO's biggest successes was that the 3-Month protocol was able to continue uninterrupted during the COVID pandemic. We were also able to complete more 3 month and in-person visits than budgeted for our last year of the project and obtained a strong response to the 3-month biospecimen request. Since the project has been ongoing for the past six years, many people from all of the SRO subunits have contributed to its success. We thank them for their work and contributions.

Component	Completes	Response Rate
3-Month TEL Interview	794	74%
3-Month Self-Administered Biospecimen	457	64%
Age 4 Self-Administered Web Survey	297	71%
Age 4 In- Person Home Visit*	80	35%*

*Note: *A variety of factors constrained work on in-person visits cases. However, Age 4 completes exceeded budgeted targets.*

Learn more about ECHO on the [NIH site](#) and via this [video](#).

Read about the CHARM study, which will continue beyond SRO's involvement, [here](#).

New Staff Directory & SRO Intranet Update (Kelly Chatain)

A brand new SRO Staff Directory is now available on the SRO Intranet and is only available to SRO staff. You can sort by department as well as search names directly. While photo participation is voluntary, we'd love to include more of you. There are several ways to get your picture added:

- Submit your own photo (pictures can be sent to Brenda Spaulding)
- Schedule a time to have a portrait taken while you are in the Perry Building (send request to Russ Stark).
- Schedule a time to take a picture via Zoom (send request to Brenda Spaulding)

If you submit your own picture, we ask that it follow the requirements below:

- All photos must be vertical
- Head and shoulder shots preferred. If possible, leave some space around the image to allow for potential cropping
- JPEG format preferred
- Resolution: At least 300 ppi

- File size: Under 10 MB

The SRO Intranet has been migrated to a new Wordpress site, with minor updates to appearance and content.

The screenshot shows the SRO Intranet homepage. At the top left is the 'M | SRO' logo. In the center is the word 'INTRANET'. To the right is a search bar with a magnifying glass icon and a red arrow pointing to a link labeled 'SRO Global Status Sheet'. Below the header is a navigation menu with links: Home, Proposals, Project Management, Finance, Data Collection, Technical Services, and Employee Resources. A large announcement banner reads 'Announcements: SRO Closure Day on Friday, Sept. 1st'. Below the banner are four main content columns. The first column, 'Key Updates:', contains links for 'CRS Data Updated – Aug. 7', 'Key Production Dates – Aug. 18', and 'Happening in SRO – July 28'. The second column, 'About SRO', contains links for 'Acronym List', 'All Staff Meetings', 'Email Group Directory', 'Events Calendar for SRO', 'Fiscal Year End Report (FY 22)', 'Media Repository (Videos)', 'Organization Charts', 'Perry Floor Maps', 'Staff Directory' (circled in red with a red arrow), and 'Staff Photo Program'. The third column, 'Best Practices', contains links for 'Collaboration Guidelines', 'Cross-Cultural Survey Guidelines', 'Signature Guidelines', 'SRO Best Practices', 'SRO Meeting Norms', 'SRO Style Guide', and 'Survey Process Forum'. The fourth column, 'Technical Systems', contains links for 'CRS', 'FRED', 'MPR Administration', 'OLIVE 3.0', 'OLIVE 4.0', 'Resource Forecasting Tool', 'SRO Report Portal', 'Webtrak 3', 'WebLog 2018', and 'WebLog Classic'. A 'Quick Links' box on the left contains links for 'Computing Help Requests' and 'Duplicating'.

Homepage:

Updates and hybrid/remote info have been moved to make best use of the homepage 'real estate'. Updates are on the left, the SRO Global Spreadsheet is on the main header along with the Search function, and the rest of the remote practices are now linked under Employee Resources.

Content Updates:

As usual, there is always content that needs to be updated! I've notified content owners as I went through the site, but if there's information that you need updated or can make the updates yourself, please let me know and I can help.

Feedback:

In addition to troubleshooting, please send me any general feedback on the site at any time. kchatain@umich.edu



SRO Wellness News (SRO Wellness Committee)

Please reach out if you are interested in being part of the committee or if you have ideas to share. srowellcomm@umich.edu

SEPTEMBER FOOD TRUCK

Well, we ended up having **TWO** food trucks on August 9! That was an unexpected, but great, surprise!



Our September food truck is: **Impasto Italian Inspired Wraps** (website: Impasto Italian Inspired Wraps and Facebook: [Impasto Detroit](https://www.facebook.com/ImpastoDetroit/)). It is scheduled to be at Perry on Wednesday, September 13 in front of the building from **11a.m. - 2p.m.** The truck will be located in the parking lot near the Perry Atrium. Cash and credit are accepted. All Perry and Thompson Building staff are welcome!

Save the Dates for Future Food Trucks:

October 11 - Tim's Good Food Grill - Gourmet Sliders

November 8 - Papelon Arepa Bar

ADDING some more for the winter months! Stay tuned!

BE WELL IN THE BIG HOUSE

This event returns on September 21 from 3:00 p.m. - 6:30 p.m. with fitness classes, cardio drumming, farmers market, health and wellness experts, and more. You do have to register for the fitness classes on the field, but the tunnel demonstrations and more are free and open to all University of Michigan faculty and staff.

[Click Here to Register and Learn More About Be Well in the Big House](#)

There are also virtual classes leading up to the Be Well event that you can sign up for on Mental Health, Cooking, and Financial Wellness.

BEVERAGE WALKS 2023!

We'll take a walk and enjoy a cup of coffee, tea, or smoothie (if available) sponsored by the SRO Wellness Committee. Fresh air, drink, nice walk, and bonding with colleagues. We will have a series of three walks with a limit of 10 people each to increase the opportunity to interact more easily.

Meet in the Perry lobby at the scheduled time. NOTE: If inclement weather, your SRO Wellness Committee walk lead will contact the group to reschedule.

****Sign-up is open to any regular appointment SRO staff. One sign-up per person, please.**

If the list is FULL please type your name below the FULL line and we will let you know if space opens up.

Monday, September 11 - [Unitea](#) - 12 p.m. - [Click Here to Sign Up for Unitea](#)

Thursday, October 26 - [Vertex](#) - 12 p.m. - [Click Here to Sign Up for Vertex](#)

Wednesday, November 1 - [Roos Roast](#) - 12 p.m. - [Click Here to Sign Up for Roos Roast](#)

MEAL PREPPING LUNCH AND LEARN - Wednesday, October 4

On Wednesday, October 4, Erica Owen from M-Healthy will join us via Zoom to discuss some meal prepping tips and tools. Erica is MHealthy's nutrition program manager and a registered dietitian.

This session will be hybrid via Zoom and in Perry 2300 AB.

Planning is the key to quick, budget-conscious, nutritious meals. Interested in easy-to-make and take meals and snacks that taste great and are good for you? Come gather the tools to make your meal and snack-planning easier.

The session will be held from 12:15 p.m. – 12:45 p.m. on October 4.

If you have questions that you would like to submit ahead of time, please send them to the SRO Wellness Committee at srowellcomm@umich.edu by Friday, September 29 at noon. There will be time for questions during the session also.

[Click Here to Add to Your Google Calendar](#)

FARMER'S MARKET WALK

Our SRO Farmer's Market Walks for the season will be on the following dates:

September 20 - [Click Here to Add to Your Calendar](#)

October 18 - [Click Here to Add to Your Calendar](#)

Please join us! As a reminder, we'll gather in the Perry lobby at 12:00 p.m. and we'll leave for a walk at 12:05 p.m.

- ★ FREE tote bag for joining us!
- ★ About a mile walk both there and back.
- ★ We'll walk there together and then return at our leisure.

For more information on the Farmer's Market: [Ann Arbor Farmers Market Website](#)

SRO Staff Celebrating Summer



Detroit Tigers Game – Stephanie Chardoul



Hiking in Red Rock Canyon – Vivienne Outlaw



Beautiful Sunset – Jim Rodgers



Castle in France – Vivienne Outlaw



Dog Buddies – Ann Vernier



Blooming Flowers – Ann Vernier



Kyoto, Japan – Helen Johnson



Pontocho Alley, Kyoto, Japan – Helen Johnson



Family Cabin at Carp Lake, MI – Kris Wiggins