

## Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Recent News.

***If you have items for the newsletter or if you would like to highlight an event, please let Ann Vernier or your unit director know.***

### SRO Closure Day

SRO will be closed on Friday, August 30 before the Monday, September 2 Labor Day holiday.

SRO staff have the option of taking August 30 off as vacation time or making alternate arrangements with their supervisor.



## SRO Wellness News (SRO Wellness Committee)



In July and August we held two events in addition to our monthly Farmer's Market Walk.

On July 29<sup>th</sup>, Ryan Neice conducted an informational session called: An Introduction to Resistance for those Resistant to Training. During this session, he shared his background and qualifications in the areas of fitness and physical training. He also demonstrated some fitness equipment and defined key terms and techniques related to resistance training. This session gave an opportunity to participants to ask general questions regarding the information presented. If there is interest in another introduction to resistance training, please contact the SRO Wellness Committee.

Ryan is available to answer questions about a wide range of topics including weight training, resistance training, cycling, and general fitness training. He has a NETA (National Exercise Trainer Association) personal training certification and is also a certified spinning instructor.

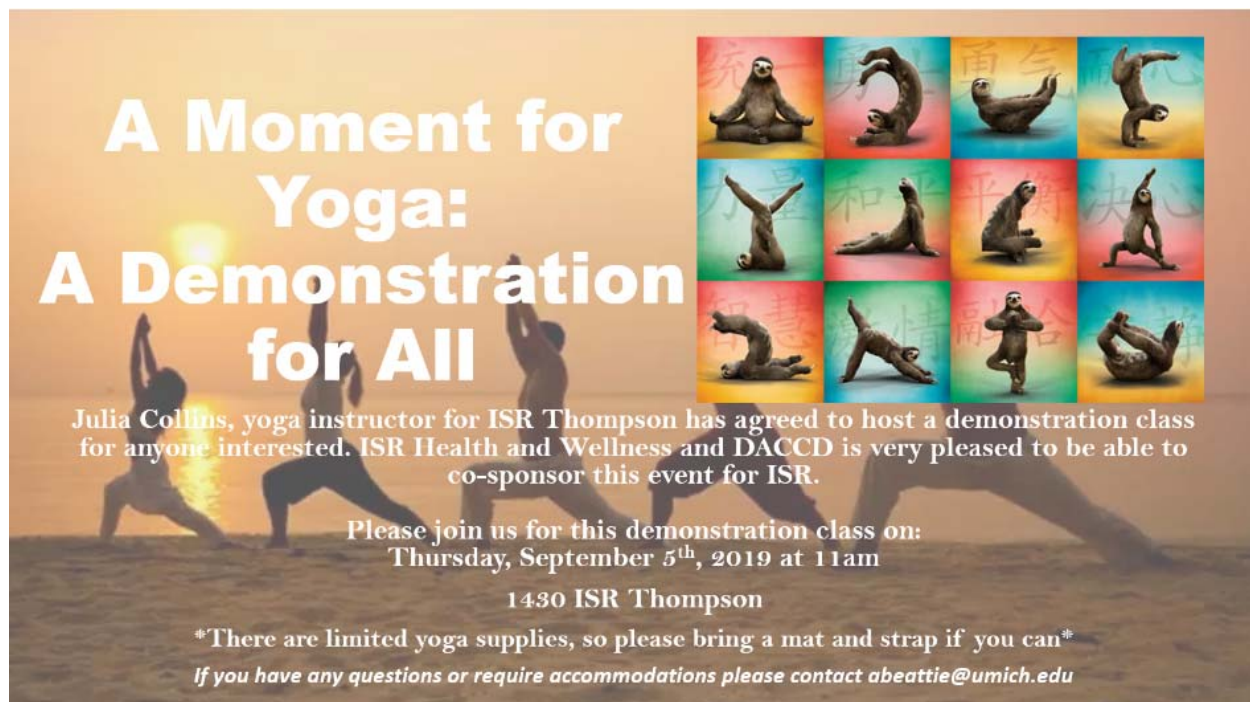


Ryan will be leading a hands-on Strength and Cardio session on Thursday, October 10<sup>th</sup> at 12 p.m. in G150 AB. Please dress in appropriate workout attire and bring your reusable bottle filled with water. If you have any questions regarding this session please reach out to Ryan directly ([neicer@umich.edu](mailto:neicer@umich.edu)).

On August 8<sup>th</sup>, a group of SRO staff toured the UM Intramural Sports Building on Hoover Street to see the facility and learn about the services available to employees. More information on the three UM Recreation facilities (including the IMSB) and their amenities can be found at: <https://recsports.umich.edu/>

**Active U Autumn** – sign up is happening now. We have an SRO team called “SRO Steps Up” if you would like to join. We plan on being more active as a team this year. Hopefully we can share more tips among our group to encourage new ways to incorporate physical activity into our daily life. **Sign up ends on September 16<sup>th</sup>.**

<https://hr.umich.edu/benefits-wellness/health-well-being/mhealthy/faculty-staff-well-being/physical-activity/active-u-autumn>



# A Moment for Yoga: A Demonstration for All

Julia Collins, yoga instructor for ISR Thompson has agreed to host a demonstration class for anyone interested. ISR Health and Wellness and DACCD is very pleased to be able to co-sponsor this event for ISR.

Please join us for this demonstration class on:  
Thursday, September 5<sup>th</sup>, 2019 at 11am  
1430 ISR Thompson

*\*There are limited yoga supplies, so please bring a mat and strap if you can\**  
*If you have any questions or require accommodations please contact [abeattie@umich.edu](mailto:abeattie@umich.edu)*

## Save the Date - PQT Launch Event

Save the date - **Thursday, September 5th at 2 pm** (Perry Room G150) we will be hosting the product launch event for the new **Project Query Tool (PQT)**, designed to help manage mixed mode MSMS projects. Light refreshments will be provided! We also will be voting for a PQT Logo (see logo submission below).

At the launch event, the PQT project team will introduce version 1.0 of the tool and demonstrate all the key features. We will also schedule some time for Q&A following the demo. Shortly after the official product launch (we'll provide details at the event), PQT will be available for general use and Sarah Broumand will be coordinating training for interested project teams.

Please join us to learn more about the PQT and help us celebrate a milestone event in the development process!

### PQT is...

- a secure, web-based tool used by all key production management staff to monitor project production activity.
- a user friendly system that provides sample line level drill down data (contact information, payments, case notes, tasks, contact history, etc.)
- a search tool that allows users to create ad-hoc queries to produce accurate real-time information (reports, downloadable files) for the users.

<h1>PQT</h1>	<p><b>You're Invited!</b> <b>LAUNCH EVENT</b></p> <hr/> <p>WE ARE SO EXCITED TO INTRODUCE YOU TO THE NEW PROJECT QUERY TOOL TO HELP MANAGE MIXED MODE PROJECTS THURSDAY SEPTEMBER 5<sup>TH</sup>, 2-3 PM PERRY BLDG, ROOM G150 <b>refreshments will be provided</b></p>
	<p><b>Help Us Design a PQT Logo!</b> Submit your design by COB Aug 30<sup>th</sup>. We will vote for our favorite at the launch event!</p>

Click [PQTLogoSubmissionForm](#) to submit your logo design.

## New Staff in SRO

**Mark Baker** joined DCO as a Recruiting Coordinator. Mark has more than 10 years of recruitment experience including 1 ½ years with SRO. He has supported recruitment efforts for several colleges and universities including Eastern Michigan University, Spring Arbor University, and the University of Michigan Survey Research Center. Mark is a veteran having served as Sonar Technician 3rd Class, Submarine Qualified. He served aboard USS Silversides and USS Flying Fish. Mark is a past President of the Jackson-Breakfast Rotary Club, is serving as an Assistant Governor for Rotary District 6360 and also volunteers his time supporting children's ministry at his local church.







**Taylor Franklin** is a new Survey Specialist Associate in the SSL. Her background is in data analysis, operations, and social research, having worked in a large corporate setting as well as in academia. She received her BS in Economics from the University of Wisconsin - La Crosse, with independent research experience in topics of Economic Development and Feminist Economics.

She's very excited about following her passion for survey analytics and social research with the University of Michigan. In her free time, she especially enjoys watersports and perusing local bookstores and coffee shops. She recently moved here from Minnesota and is looking forward to getting to know the Ann Arbor area, so if you have tips and tricks about the town, let her know!

### **Save the Date – ISR Staff Picnic**

**Date: Thursday, September 12**

**Time: 12:00-1:30**

**Place: ISR Perry Front Lawn**