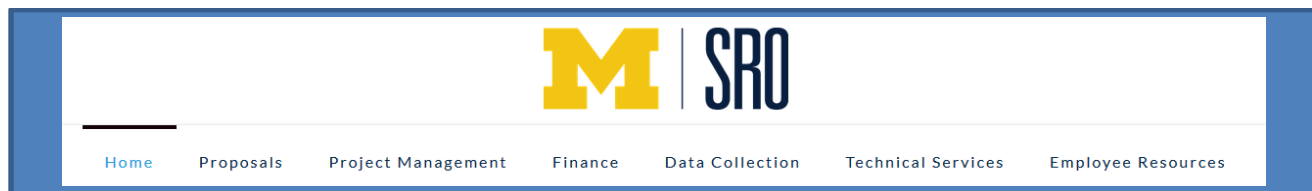


Happening in SRO

You can find this “Happening in SRO” and all similar newsletters on the new SRO Intranet Home Page, located at: <http://isr-wp.isr.umich.edu/srointranet/> under Recent News.



Annual SRC PAC Ice Cream Social

Date: Wednesday, June 29th

Time: 1:30-2:30

Place: ISR Perry Atrium



New Staff Orientation Session Stephanie Chardoul

Eighteen SRO staff members with start dates within the past year attended a “new staff” orientation session on June 2nd. The group represented five of our six SRO units, and already has an impressive amount of experience across multiple projects and tasks. During the session, we covered the structure of ISR, SRC, and SRO and how we all interact with each other and with the University; more detailed review of the SRO units and the responsibilities of each – including how we come together to form project teams; the role of our centralized and decentralized data collection teams; highlights of SRO’s key projects, technical systems, and international collaborations; and a review of the SRO Intranet and the resources available there. It was a great opportunity to get to know our newest colleagues better, and to share just a small bit of the important work we do in SRO!



Social Networks and Well-Being Study: Challenges and Innovations

Heidi Guyer

In April 2016, SRO launched pre-production efforts on the Social Networks and Well-Being Study. The study will take place in Austin, Texas with adults over the age of 65. The study is funded by the National Institutes of Health and led by researchers from the University of Michigan, Dr. Kira Birditt, and the University of Texas-Austin, Dr. Karen Fingerman. The primary goal of the study is to better understand the daily experiences of adults as they transition from retirement to older ages. More specifically, the researchers are interested in understanding the physical and cognitive status and well-being as well as the social support and network systems people have in place and utilize. The study aims to interview 350 adults who reside at home and are not working full-time. The Survey Services Lab will conduct screening phone calls to identify eligible respondents. Interviewers located in the Austin area will contact eligible respondents and schedule a time to complete the interview in person. The interview will be conducted in English and Spanish and will last approximately 90 minutes. After that, the fun begins!

Interviewer will instruct respondents on 5 additional data collection activities:

- The Respondent will be provided with an Actical watch that measures activity, sleep and light exposure. The watch is worn day and night for 4-5 days, even in the shower or while swimming.
- The Respondent will be provided with an Android phone with 2 apps:
 - o Electronically Activated Recorder (EAR): a recording app that records 30 seconds of sound every 7 minutes for 4-5 days.
 - o Mobile Momentary Ecological Assessment (mEMA): a survey app that triggers a survey at the start of each day, the end of the day, and every 3 hours in between for a total of approximately 6 surveys throughout the day.
- The interviewer, or the respondent, will be asked to take a picture using the Android phone of the room in their house that they spend the most time in.
- A Self-Administered Leave Behind questionnaire will be left with the respondent to complete and mail back to the University of Texas.

The Actical, EAR and mEMA devices will all be used for approximately 4 days after the main interview, including two weekdays and two weekend days. Respondents will receive \$50 for the in-person interview and \$100 for completing the additional activities. Interviewers will be responsible for setting each of these devices up prior to going to the respondent's home, explaining each of the devices and gaining cooperation after completing the main interview, calling respondents on a daily basis to remind them to use all of the devices, ensure the phone is charged and answer any questions, return to the house after the 4-5 days that the respondent has used these devices to pick all the devices up and download all of the data—in addition to all of their usual tasks.

In-person data collection is scheduled to begin at the end of September and continue into early 2017. The months ahead will bring many technical challenges and innovations to our organization. We are currently testing the transfer of data from each of these devices and apps, all developed by different software companies, to our systems—and to determine if the data can all be packaged up and sent in via a Send & Receive. If that's not possible due to the size and number of files, this high-tech project may need to resort to a low-tech way of submitting the data to Ann Arbor.

The bottom line goal is to complete 300 interviews with all additional components within five months and a budget of \$800,911. We'll be sure to report back on how it all goes!



Our Work in the World

A new article in Reuters (summarizing a paper in JAMA Psychiatry) reminds us of the importance of our continuing work on the Army STARRS project. (The link below provides the most readable version of the article.)

<http://www.foxnews.com/health/2016/05/26/in-us-army-enlisted-soldiers-risk-suicide-attempts-varies-over-time.html>

Tips, Tricks & Reminders

Kelly Chatain

Reminder:

Remember to lock your computer screen every time you step away from your desk! The security and confidentiality of our research and respondent data is paramount and locking your screen will protect against unauthorized access to sensitive information. It's easy! Press the Windows key + L.

Windows Key



In addition, auto-locking is required on all SRO computers. Here's how to set up automatic locking:

1. Click on the **Start Menu**
2. Open the **Control Panel**
3. Choose **Personalization**
4. Choose **Screensaver**
5. Select a **screensaver design**
6. Next to "**Wait:**" set it to no more than 15 minutes
7. Select the **check box** that says "On resume, display logon screen"
8. Click on "**apply**" to save your changes.

Tip:

You may have noticed this already, but now you can see some event locations without having to open up a calendar event. [Event locations will now appear in the day and week views in Google Calendar on the web.](#) Please note that the details will only appear when there is enough space available to show it. The image below shows several events with locations visible.

